



**Alessia Barberi**

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I am a Clinical Psychologist and a Psychotherapist with a background in Transactional Analysis.  
I work with individuals and couples dealing with anxiety, depression, significant life events, trauma and stress-related disorders, brain fog, bereavement and grief, interpersonal issues, mood and personality disorders.  
I offer private consultation and psychological support to help individuals adapt to life changes, develop new skills and improve personal strengths.  
I am specialised in Specific Learning Disorders and I have a wealth of experience in school psychology, school counseling and career counseling.  
I offer my services in both Italian and English.