



Samantha Frediani

Psychologist, Psychotherapist

Master's degree in Psychology at University of Florence

Registered Member of The Psychology Board –Tuscany Division, Membership N 5028 from 13/06/08

Contact Number: +39 328 1753405

Email: s.frediani@performatsalute.it

I offer counseling, psychological support, and individual and couple psychotherapy. I mostly work with people dealing with anxiety disorders, mood disorders, personality disorders, bereavement and grief. I offer psycho-educational group therapy aimed at improving communication skills.

I teach on professional qualification courses organized by training agencies in Massa Carrara.

I carry out psychodiagnostic and neuropsychological assessments, with a specific focus on cognitive decline.

As a neuropsychologist I was part of the DAPHNE project, related to the development of innovative and sustainable services for Parkinson's using mHealth and ICT technologies. The project involved the Neurology Department of Massa Carrara, the BioRobotics Institute at the Scuola Superiore Sant'Anna in Pisa (IBR-SSSA), and the Clinical Physiology Institute of the National Research Council in Pisa (IFC-CNR).