



Maria Cotov

Psychologist and Psychotherapist

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Psychologist and Psychotherapist with a Transactional Analytical orientation. I provide diagnostic assessments, psychological support, and psychotherapy for adolescents, young adults, and adults. My practice focuses on emotional problems, relational difficulties, developmental changes and life transitions, anxiety, mood disorders, stress-related disorders, eating disorders, neurodivergent people, and people belonging to the LGBTQIA+ community. I have particularly deepened the area of adaptation problems to new cultural contexts and the development of cultural identity to offer specific interventions to first, second, and third-generation migrants, with the possibility of sessions in English. Furthermore, I collaborate with PerFormat, carrying out empowerment consultancies in the organizational field aimed at women and people belonging to social or cultural minorities. My research interests are neurodivergences, the study of personality, and the effectiveness of psychotherapy.

Publications

Castro E., Cotov M., Brovedani P., Coppola G., Meoni T., Papini M., Terlizzi T., Vernucci C., Pecini C., Muratori P. (2020). Associations between Learning and Behavioral Difficulties in Second-Grade Children. *Children*, 7(9),112. <https://doi.org/10.3390/children7090112>

Apicella F., Cotov M. (2021). Regolazione emotiva nei disturbi dello spettro autistico. *Percorsi di Analisi Transazionale*, 8(2), 23-34. <https://app.performat.it/prodotto/regolazione-emotiva-nei-disturbi-dello-spettro-autistico/>

Izzo S., Magistro G., Cotov M. (2022). Un'analisi transculturale del gender gap. *Ora o mai più. Superare il gender gap*, 45-62.8.